

STUNTING	PYRAMIDS	# of Participants	50%
4 - 7 point rage	1-4 point rage	5	1
PREP LEVEL ONE LEG STUNTS	BELOW KNEE PYRAMIDS	6	1
PREP LEVEL TWO LEG STUNTS	BELOW PREP LEVEL PYRAMIDS	7	1
DOUBLE BASE TWO LEG STUNTS w/STRAIGHT CRADLE	PREP LEVEL PYRAMIDS	8	1
TOSSES	PREP LEVEL 1 LEG PYRAMIDS W / MULTIPLE BODY POSITIONS	9	1
EXTENSIONS	2 FOOT EXTENDED PYRAMIDS	10	1
INVERSIONS BELOW PREP LEVEL TO BELOW PREP LEVEL		11	1
		12	2
		13	2
7 - 10 point range	5 - 10 point range	14	2
1/2 UPS TO PREP LEVEL	1/4 UP TO PREP 1 LEG PYRAMIDS	15	2
FULL TWISTING TRANSITIONS BELOW PREP LEVEL	RELEASE SKILLS TO EXTENDED 2 LEG PYRAMID	16	2
1/2 UPS TO EXTENDED TWO FOOT SKILL	1/4 UP TO EXTENDED PYRAMIDS	17	2
QUICK TOSS TO PREP LEVEL POSITION	1 LEG EXTENDED PYRAMIDS	18	2
INVERSIONS BELOW PREP LEVEL TO PREP LEVEL	BRACED FRONT/BACK FLIPS FROM BELOW PREP LEVEL	19	2
		20	3
		21	3
10 - 18 point range	10 - 18 point range	22	3
EXTENEDED 1 LEG SKILLS	SWITCH UP PREP OR BELOW TO EXTENDED PYRAMID	23	3
FULL TWISTING TRANSITIONS AT PREP LEVEL	EXTENDED TIC TOC	24	3
SWITCH UP TO EXTENDED SKILL	1/2 TWIST TO 1 LEG PYRAMID	25	3
UNASSISTED STUNTS TO EXTENDED LEVEL	BRACED FRONT/BACK FLIPS FROM PREP LEVEL	26	3
FULL TWIST TO PREP LEVEL		27	3
QUICK TOSS TO EXTENDED POSITION	FULL TWIST FROM LOAD TO EXTENDED PYRAMID	28	4
		29	4
18 - 20 point range	18 - 20 point range	30	4
1/2 UP SWITCH UP SKILLS	FULL TWIST FROM PREP LEVEL TO EXTENDED PYRAMID	31	4
FULL-UPS STUNTS	BRACED FRONT/BACK FLIPS FROM EXTENDED LEVEL AND LAND AT EXTENDED LEVEL	32	4
INVERSIONS TO EXTENDED SKILLS	HANDSTANDS TO EXTENDED LEVEL PYRAMID	33	4
INVERSIONS TO EXTENDED SKILLS WITH 1/2 TWIST		34	4
*(twist is defined as the top twisting while bases stay stationary)			

*Failure to perform a category appropriate cheeleading skill will result in a zero.

*Stunt Skills must be performed by AT LEAST 50% of team